

# **BUEHLEN'S** *Fresh Foods*

## **Heating Instructions**

All containers with meat and side dishes are **MICROWAVE ONLY**.  
Heating instructions are intended only as a guide since  
all microwave ovens vary.

### **Microwave Only**

(do not use conventional oven)

- 1.** Remove lid and place container in microwave. Heat for 2 - 5 minutes or until an internal temperature of 165° F is reached.
- 2.** Stir product half way through cooking to maintain quality and ensure even reheating.

**Use Caution** contents will be hot and the container will  
generate steam from the moisture of the food.